



2020

Fundraising Calendar of Events



Harley  
Wallasey Centre  
Friday afternoon session

## JANUARY 2020

Step Up! in January for Stick 'n' Step

Teams of up to 4 measure the distance that they walk per day from Monday 13<sup>th</sup> January using a pedometer, Fitbit, app or activity tracker.

Individuals or teams set up an on-line fundraising page and encourage their friends and family to sponsor them for taking part in the challenge.

Totals are recorded on the Step Up!

Record sheet and submitted to Stick 'n' Step.



# FEBRUARY 2020

Ask your local shops for some donations of chocolates, flowers, wine and other goodies and create your own

Valentine's Day hamper.

Sell raffle tickets to win the hamper to you work colleagues, family and friends.

Draw the raffle before the 14<sup>th</sup> February so that the winner can take all of the goodies away to use on Valentine's day.



Cordelia  
Wallasey Centre  
Twilight class



Harrison, Oliver. Josh, Honor  
Wallasey Centre  
Friday morning session

**8<sup>th</sup> March: Chester 10k:** Places in this event are purchased by Stick 'n' Step and so each runner only has to focus on their training and reaching their fundraising total.

**Go Green for Cerebral Palsy:** March is Cerebral Palsy Awareness month– help us to raise awareness and money by wearing an item of green clothing or an accessory and make a donation to Stick 'n' Step.

**14<sup>th</sup> March: Dance -a-thon!** From Zumba to Salsa, Disco to Contemporary– a fun event led by a range of instructors and teachers.

Sign up for a 2hr, 4 hr or 6 hr slot. You don't have to be a great dancer you just have to join in!



Zac  
Runcorn Centre  
Wednesday morning session

## April 2020

25<sup>th</sup> April:

Zipwire, Bethesda, North Wales

A truly unique and exhilarating experience; the **fastest zip line in the world**.

Soar over Penrhyn Quarry where you could travel at speeds of **over 100mph** while you take in the breathtaking views and feel the freedom of flight.

9-12<sup>th</sup> April:

Ship & Mitre Beer Festival

Volunteers needed for this lively and fun event to pour pints or sell raffle tickets.



# May 2020

**2<sup>nd</sup> & 3<sup>rd</sup> May: Spring 1k, 2k, 3k, Sefton Park, Liverpool:** An event for all across the week-end in Sefton Park, Liverpool. This is a chip timed, there is entertainment around the route, medal and t-shirt for all finishers, children run for free in the 1k.

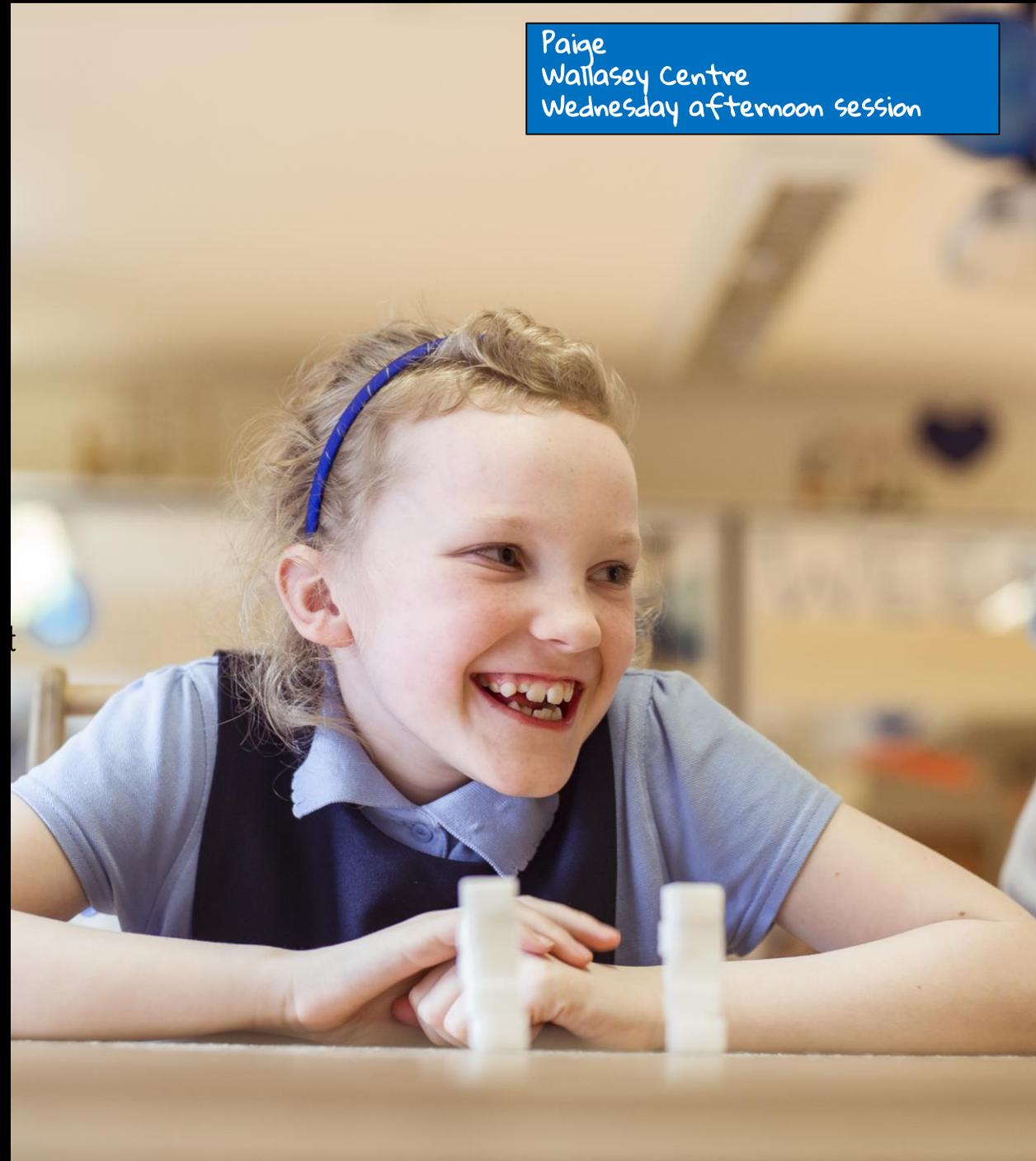
**10<sup>th</sup> May: Abseil, Peckforton Castle:** A unique opportunity to abseil down the medieval walls of Peckforton Castle.

**17<sup>th</sup> May: Chester Half Marathon, Chester:** One of the UK's longest established and most highly regarded half marathons, starting and finishing in the historic destination city of Chester.

Places are purchased by the charity so all you need to do is focus on your training and fundraising.



Paige  
Wallasey Centre  
Wednesday afternoon session





Global Make Some Noise Day  
Wallasey Centre  
Tuesday afternoon class

**7<sup>th</sup>, 8<sup>th</sup> & 9<sup>th</sup> June, The Great North Swim, Lake District:** The biggest open water swimming event in the UK. A fantastic opportunity for families, individuals, experienced and beginner swimmers to swim in an open water swim the beautiful Lake Windermere.

**14<sup>th</sup> June, Wirral Coastal Walk, Seacombe Ferry Station:** Charity walk from Seacombe to Thurstaston takes walkers around the scenic coastline of the Wirral Peninsula. Walk 4, 10 or 14 miles from Seacombe Ferry to Thurstaston Country Park.

**19<sup>th</sup> June: Stars of Stick 'n' Step Awards, Crowne Plaza Chester:** An event to recognise, celebrate and honour all of the individuals, community groups and volunteers that contribute to our work- without them we simply could not deliver our services.

June 2020



# July 2020

5<sup>th</sup> July, Liverpool to Chester Bike Ride:

A non-competitive bike ride which covers a range of distances from 5 miles to 100 miles, for all the family and abilities depending on the chosen route.

15<sup>th</sup> July, Tandem Skydive:

Now, this has surely got to be on your bucket list? Tandem sky diving is a type of skydiving where a student skydiver is connected to a harness attached to a tandem instructor.

The instructor guides the student through the whole jump from exit through freefall, piloting the canopy and landing. This is the ultimate challenge!

Dylan  
Runcorn Centre  
Monday afternoon session



# August 2020

There are no fundraising events scheduled for this month- but that does not need to stop you....

Bring some **ice creams or lollies** into the office and ask your colleagues for a donation.

Organise a **dress down day** in your office for a chance to pull on your shorts and stay cool.

Set up a **Regular Gift** direct from your bank account to Stick 'n' Step- it might only be the cost of a cup of coffee but it does add up and does make a difference to our fundraising.



Poppy  
Runcorn Centre  
Tuesday afternoon session



Heidi  
Runcorn Centre  
Twilight Session

## Bake Off!

To mark the launch of the [popular TV show](#), why not invite your colleagues to take part in their own baking challenge?

We have a complete pack including posters, voting sheets and cake signage to make it as [easy as pie](#) for to get involved.



Jack, Luke & Noah  
Runcorn centre  
Wednesday morning session

## October 2020



There are no fundraising events scheduled for this month- but that does not need to stop you...

Take advantage of people's sweet tooth and create a tuck shop. Take request from your colleagues and see what they would like the [tuck shop](#) to stock to maximise sales! All profits can be donated to Stick 'n' Step.

Organise a [Halloween activity](#) such as apple bobbing or a pumpkin carving competition and ask people for a donation to take part.

# November 2020

There are no organised events planned for this month yet but that does not need to stop you!

Here are some fundraising ideas for you to try...

## Give Something Up!

From chocolate to social media, there is always something we could give up to fundraise for Stick 'n' Step. And quite often, as well as raising money, it's beneficial to our own health too! Win, win!

## Head or beard shave

Head shaves have always been a popular fundraising event! But now, with the rise of hipsters, we are seeing more and more people who are shaving off their beards to fundraise.



Paige, Callum, Coden & Ifan  
Wallasey Centre  
Wednesday afternoon session



**TBC, Santa Dash, Liverpool:** Take to the streets in your red or blue Santa Suit and join 8,000 people running 5k to raise money for charity.

**Christmas Raffle:** Purchase a ticket or book to be in with a chance of winning £500 in cash just before Christmas.

**Christmas jumper day:** Throw on your best Christmas jumper and make a donation to Stick 'n' Step to spread festive cheer in your office or work place.

December 2020

